

16 DAYS OF ACTION

Welcome to our annual 16 Days of Action newsletter giving you information about the international campaign together with dates for local events and initiatives in Forth Valley. Please come along to one of the events and help us to make the 16 Days a time when we all speak out against violence against women.



Look out for information about our campaign on Facebook (16 Days of Action Forth Valley)



What is the 16 Days of Action?

The '16 Days of Action' is an international campaign that calls for the elimination of violence against women and children. It was started by the Centre for Women's Global Leadership in 1991. The 16 Days run from November 25th (International Day against Violence against Women) through to December 10th (International Human Rights Day) with the aim of reframing women's rights as human rights.

Whilst this campaign focuses specifically on male violence against women, it is recognised that men can also be subjected to many of these issues, as can people in same sex relationships, however in the vast majority of cases these acts are carried out by men against women.

Please come along to one of the events detailed in this newsletter and make the 16 Days a time when we all speak out against violence against women.



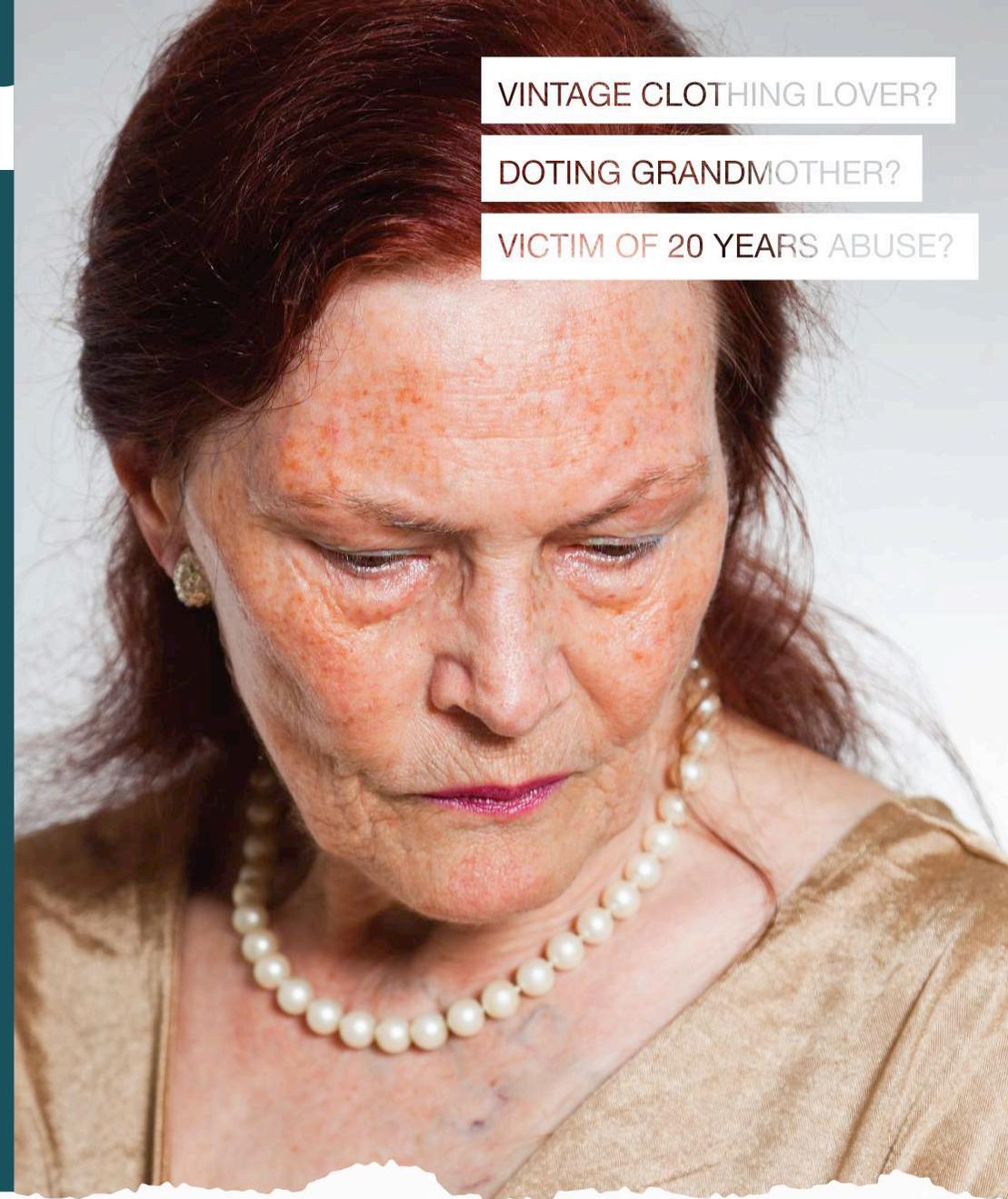
DANCING QUEEN

BABYSITTER

EMOTIONALLY ABUSED?

Did You Know?

- ✘ Around 1 in 4 women will experience some form of domestic abuse at some time in her life with similar figures approximated for rape, sexual assault and childhood sexual abuse
- ✘ Scotland's LGBT Domestic Abuse Project tells us that approximately 1 in 4 LGBT people will experience domestic abuse
- ✘ 3,666 incidents of domestic abuse were recorded by the police in Forth Valley in 2015-16
- ✘ It is estimated that around 20% of all police operational time is spent dealing with domestic incidents
- ✘ In 2014-15, 1,797 rapes and 104 attempted rapes were reported to the police in Scotland. Record sexual crime has more than doubled in the past decade and is now at its highest level since comparable records began in 1971
- ✘ In Scotland in 2015, 145 potential victims of trafficking were referred to the UK National Referral Mechanism. Females are more likely to be trafficked for sexual exploitation whilst males are more likely to be trafficked for labour exploitation.



VINTAGE CLOTHING LOVER?

DOTING GRANDMOTHER?

VICTIM OF 20 YEARS ABUSE?

Women who are experiencing violence are 15 times more likely to use alcohol and 9 times more likely to use drugs than women generally

Opening Event

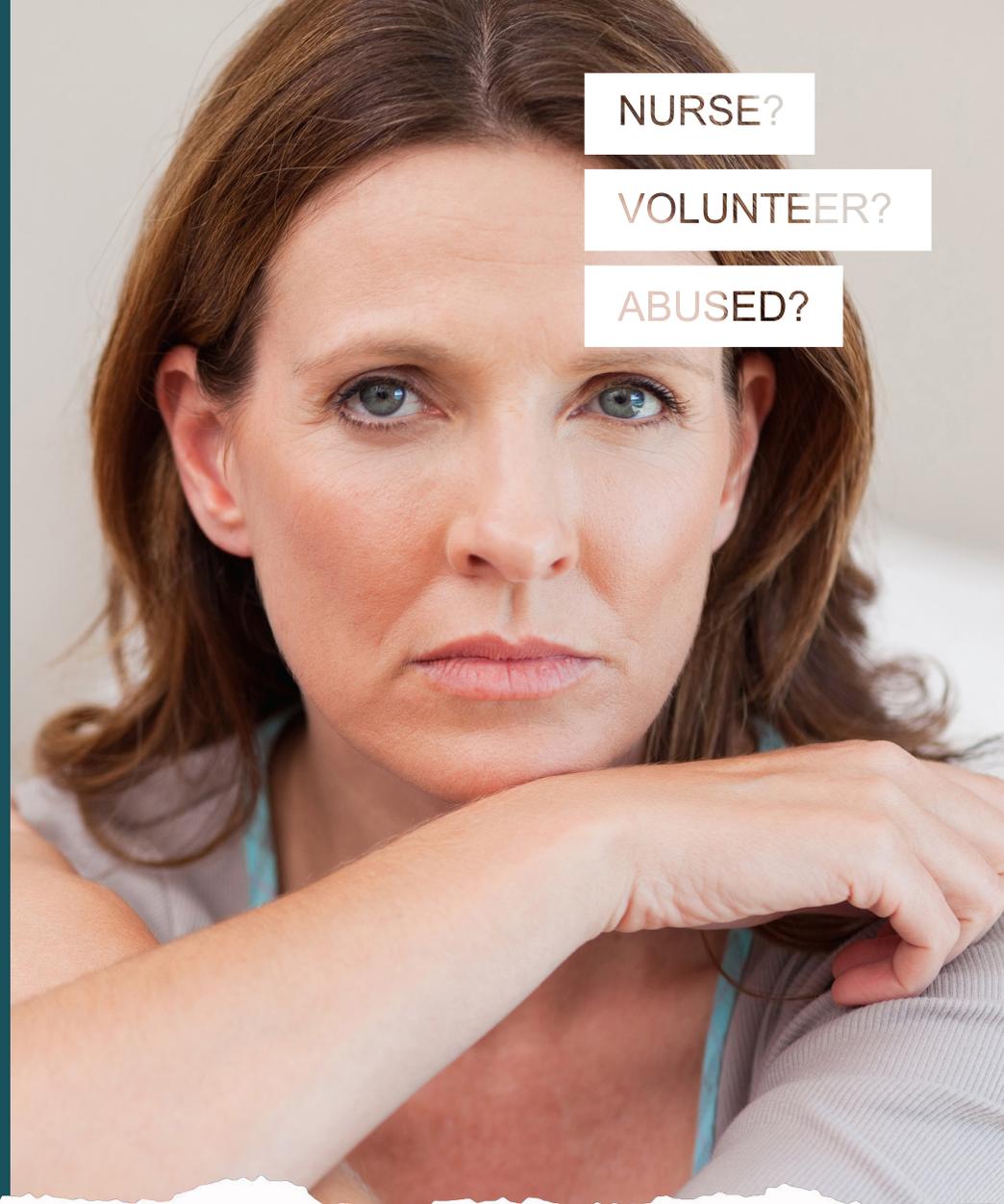
The Opening Conference, entitled 'From Power and Control to Empowering and Protecting' will discuss characteristics of domestic abuse, coercive control, stalking, and other gender based violence, the conditions in which they occur and examine current and future interventions to empower and protect victims and those at risk. It will take place at Forth Valley College Stirling Campus on 25 November, between 9.30am and 3.45pm and be attended by various professionals and voluntary organisations who have a local responsibility to combat gender based violence in all its forms. A range of internationally and nationally renowned academic speakers who have carried out extensive research into gender based violence and lead officers from Police Scotland and the Crown Office and Procurator Fiscal Service will speak on topics including: the challenge of GBV to faith communities; the victim impact of stalking; masculinity and violence; new developments in advocacy support for the victims of rape; an overview of the Police Scotland evidence based approach to tackling domestic abuse; the critical role of effective enforcement and prosecution; and how legislative reform might assist in tackling crimes.

To book a place please contact: sinclairam@stirling.gov.uk

NURSE?

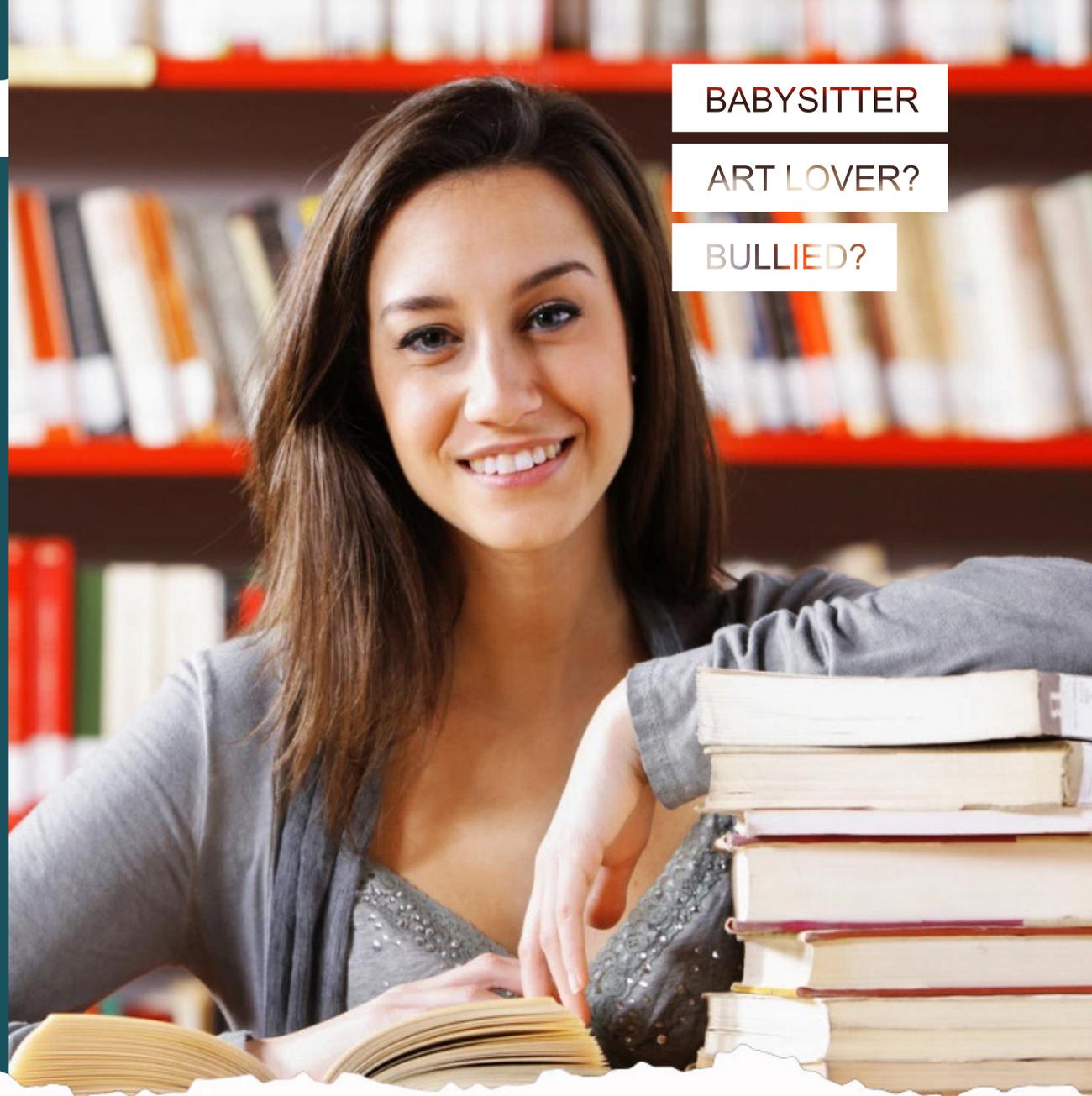
VOLUNTEER?

ABUSED?



Forth Valley College

Forth Valley College is supporting the campaign by helping to reinforce partner messages through various events from specific training for students through to awareness raising activities and social media campaigning. As well as being the venue for the opening event which will in itself raise the profile within college, the College is hosting a “conversation” event with students from its ESOL (English for Speakers of Other Languages) and Early Education and Childcare classes. The aim of the conversation is to debate the issues of violence against women and how students themselves can promote awareness of these issues in college. The Learning Resource Centres will create displays that highlight the facts and statistics in an interactive way involving students, together with various book promotions for those who want to find out a bit more. The Student Association will further promote awareness through learning platforms and social media.



BABYSITTER

ART LOVER?

BULLIED?

Celebrating 40 years of Women's Aid in Clackmannanshire

In the early 1970s, a group of interested women regularly met up to discuss issues that affected women in general. Domestic abuse became high on their agenda and Central Region Women's Aid was established. By 1975 it was recognised that geographically it was impractical to cover such a wide area so the group split into individual Women's Aid groups based in Clackmannanshire, Stirling and Falkirk. In 1976 Clackmannanshire Women's Aid opened their first refuge in partnership with the Council.

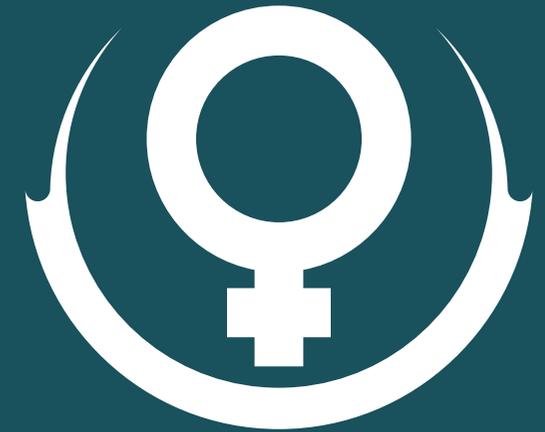
This year sees the organisation celebrating its 40th anniversary. In recognition, this year's Annual General Meeting (AGM) has been rescheduled to coincide with the 16 Days of Action Campaign.

It will be held on 8th December in the Station Hotel, Alloa (12.30pm - 3pm). Their guest speaker will be Lydia Okroj, Service Manager with Scottish Women's Aid, who will talk about the changing face of Women's Aid services in Scotland.

An invitation is extended to all interested parties.

As a light buffet lunch will be provided it would be appreciated if you could confirm your attendance in advance by calling the public office on 01259 721407.

A small exhibition depicting Women's Aid services throughout the years will be on display in the Speirs Centre, Alloa from Monday 21st to Friday 25th November and at the AGM.



Child Protection Practitioner Forums - Exploring Culture and Child Protection

Case reviews often highlight professionals lacking in confidence and/or knowledge to work with families from different cultures and religions. A lack of understanding of religions or cultural context of families can lead to professionals overlooking situations that may put family members at risk. The rights and needs of the child need to remain the focus of interventions at all times, regardless of the context.

The following practitioner forum events have been arranged by the Falkirk Child Protection Committee to coincide with the 16 Days of Action campaign and are being offered to practitioners across Forth Valley who can represent their Service and provide feedback to colleagues.

Each session will offer the opportunity for discussion around the following subject matters:-

- ✘ Unaccompanied Asylum Seekers
- ✘ Syrian Resettlement Programme
- ✘ Safe and Together – culture change in addressing domestic abuse
- ✘ Harmful traditional practices including FGM, forced marriage and honour based violence
- ✘ Human trafficking

Events are being held in Camelon Education Centre, Abercrombie Street, Camelon, Falkirk, FK1 4HA on the following dates:-

Wednesday 16th November, 9:30 to 12:30

Friday 2nd December, 9:30 to 12:30

To book a place email: cptraining@falkirk.gov.uk



Stirling and District Women's Aid (SDWA)

SDWA will be having an open day from 11:00-15:00 on the 29th November. There will be displays, a chance to find out more about the service, talk to staff and have a cup of tea and home baking. Everyone is welcome.

Unit 7, Stirling Arcade, Stirling. FK8 1AX

Stirling University

Students at the University will be holding a number of events and initiatives to raise awareness of violence against women issues.

UNIVERSITY of
STIRLING 

 Stirling & District Women's Aid



PLAYFUL MOTHER OF TWO?

BIG TAKE THAT FAN?

VICTIM OF DOMESTIC ABUSE?

World Aids Day

A number of initiatives are planned for World Aids Day on 1 December, including Stirling Council hosting workshops by Waverly Care on combating stigma. For further details, please contact sinclairam@stirling.gov.uk

Human Trafficking Awareness

How to identify and report human trafficking and exploitative employment practices - Tuesday 29th November.

10am to 12 noon (registration from 9:30am)

This FREE awareness session will be delivered by Fiona Panetta, Enforcement Officer, Gangmasters Licensing Authority and will be held in Forth Valley College, Alloa Campus, Devon Road, Alloa FK10 1PX.

The following topics will be covered:

- ✘ What the Gangmasters Licencing Authority does
- ✘ Spotting signs of trafficking
- ✘ If you suspect trafficking or poor employment practices experienced by service users, what is the procedure for reporting
- ✘ What can be reported
- ✘ Who and how to report
- ✘ Dos and dont's in reporting and working with victims

This session is being delivered in partnership with Central Scotland Regional Equality Council (CSREC), Forth Valley College and Clackmannanshire Violence Against Women Partnership

Places are limited so please book early. To reserve your place please book using the link: <http://gla-alloa-training.eventbrite.co.uk>

Football Clubs on the Ball with Awareness Raising

Thanks to all the football clubs from across Forth Valley who are once again showing their support for the 16 Days Campaign. Various clubs are getting involved by choosing one particular match to send out a message that violence against women is wrong.

This is a unique opportunity to reach out to a large crowd of local supporters and visitors to let them know that local clubs are united in their pledge to never commit, condone or stay silent about violence against women.



Domestic Abuse Training

Domestic Abuse training is delivered throughout the year across Forth Valley and is recommended for all staff and volunteers who are currently working directly or indirectly with those affected by domestic abuse. The training is also suitable for anyone who wants to know more about the dynamics of domestic abuse.

Sessions are delivered at level 1 (basic awareness) and level 2 (for those who have completed level 1). Sessions running during the 16 Days of Action are now fully booked, however you can register your interest in future training by contacting gail.cook1@tiscali.co.uk (for training in Falkirk or Clackmannanshire) or sinclairam@stirling.gov.uk (for training in Stirling).

Stirling Women's Aid will deliver training inputs to a number of Council teams before and during the 16 Days Campaign. Learning outcomes have been tailored to individual services. The inputs will take place on the following dates.

25 October and 8 December: Housing and Enforcement Team (Half day)

1 November: Social Work Children and Families (Full day)

7 December: Social Work Adult Services (Full day)

30 November: Youth Team and Community Engagement Team (Half day)

Nominations for Social Work will be via Social Services Learning and Development and via line management in other services.

PLAYS THE SAXOPHONE?

THEATRE GOER?

CLINICALLY DEPRESSED?





White Ribbon Scotland

The White Ribbon Campaign is the largest international movement of men working to end violence against women. Supporters are asked to pledge 'never to commit, condone or remain silent about violence against women'.

If you, or a group of men you know, want to get involved with the work of White Ribbon Scotland visit: www.whiteribbonscotland.org.uk

or why not show your support by signing the White Ribbon Pledge at: www.whiteribboncampaign.co.uk/makepledge

Council and College combine to pay floral tribute to the White Ribbon Campaign

To mark the 16 days of Action Campaign Clackmannanshire Council, in partnership with The Alloa Campus of Forth Valley College, will be creating a display of white crocuses that will be an annual reminder of the issue of violence against women. During November white crocuses bulbs will be planted in the design of the White Ribbon Campaign logo on a prominent embankment outside the college. The White Ribbon campaign is signed up to by men who

know that there's never an excuse for violence against women. They pledge never to condone it, or to stand by when they know it is happening. The planting has been designed and will be carried out by the Council's land services and the highly visible site has been made available by the College. Every year in February the crocuses will emerge in the form of the White Ribbon logo as an ongoing reminder of the role of men in the campaign against the issue of violence against women.



Young People Getting Involved

Pupils from High Schools across Forth Valley are once again supporting the 16 Days of Action campaign and are planning a range of initiatives to ensure fellow pupils and teachers are engaged and informed.

There are many curricular links which can be developed through involvement in the campaign. It ties in with Curriculum for Excellence in many different ways as well as being used as the basis for creative projects including drama, art, music and writing. If your school would like to support the campaign next year or take forward work around violence against women over the coming year please email:

Gail.cook1@tiscali.co.uk in the first instance.



RIHANNA FAN

THIRD YEAR STUDENT

VERBALLY ABUSED?

Some schools in Forth Valley will be taking part in a creative planting project to raise awareness of the White Ribbon campaign. They will grow seeds which will later be planted in White Ribbon themed arrangements at schools and other community locations. These will create symbolic backdrops for local White Ribbon activities and visibly embed the campaign within communities.

Conference for Young People

Thursday 8th December 10.00am -1.00pm

A conference for young people in Forth Valley will be held at the Town hall in Alloa on the morning of 8th December. In partnership with Action Scotland Against Stalking, the conference will focus on stalking and explore links with domestic abuse, on-line safety, bullying and identity theft.

To reserve places for a maximum of 6 senior (S5 and S6) pupils please contact:
khills@clacks.gov.uk or hillsk@stirling.gov.uk
(phone: 01259 452471) by Friday 25th November 2016.



OXFORD GRADUATE?

PLAYS FOOTBALL ON WEEKENDS?

VICTIM OF FINANCIAL BLACKMAIL?

Getting It Right For Girls (GIRFG)

This input will be delivered by the Centre for Youth & Criminal Justice (CYCG) on 5 December (9.30am-12.30pm) at Council Chambers, Old Viewforth, Stirling. It is recognised that while common traits exist between girls and boys, there are marked differences, particularly in how they think and process feelings. The input will highlight the issues affecting girls and assist participants understand the causation of some behaviours influenced by gender, towards achieving a better understanding the needs of vulnerable and high risks girls. The target audience will be those working with vulnerable and high risk girls, including pupil support coordinators, children and families social work, including EEI, fostering and adoption etc, youth justice, residential care staff, school based police officers, managers of these teams and other key partners. The event can be followed up by a CYCG 3 day programme currently being accredited by SQA to equip participants with the specialist knowledge to cascade train within their own organisation. Places will be available to GBV partnership members in Stirling Council area in the first instance, but will be shared across Forth Valley if places allow. To book a place on the 5 December event, please email Ann Marie Sinclair at sinclairam@stirling.gov.uk

PLAYS THE GUITAR

DOG LOVER?

PSYCHOLOGICALLY ABUSED?



Libraries

Information about the campaign, local support services and reading lists will be available in various libraries across Forth Valley.

During Book Week and as part of the 16 Days Campaign, Scottish writer **Karen Campbell** will be appearing at Bannockburn Library on Tuesday 22 November (7pm - 8.30pm) £3 entry fee and at the Speirs Centre, Alloa on Friday 25 November at 7pm (FREE event). Karen is the author of six novels, most recently '*This is Where I Am*' and '*Rise*'. Her recent works cover issues such as domestic abuse and a migrant's journey in Glasgow.

To book a place in Stirling visit <http://culturestirling.org/library-events/>

The event in Alloa is free and can be booked in advance from any Library/CAP or by calling 01259 452262.

In addition, as part of Book Week in Stirling, on 23rd November **Clare McIntosh** will be speaking at Central Library (7-8:30pm) £3 entry fee and **Theresa Talbot** will be speaking at Forth Valley College, Stirling Campus, 3-4pm (FREE event).

A FAMILY GIRL?

A PASSION FOR SEWING?

PUTS ON A BRAVE FACE?





A DEDICATED EMPLOYEE?

A LOYAL FRIEND

OFFICE SOCIAL SECRETARY?

Scottish Prison Service

In partnership with local services, Polmont Young Offenders Institute will be hosting a range of awareness activities and initiatives to coincide with the 16 Day of Action campaign.

Forth Valley Rape Crisis

On 8 December Forth Valley Rape Crisis are planning a Reclaim the Night event in Stirling, which will focus on women's safety in public spaces including the internet. This event is open to people of all genders. Confirmed speakers so far include Claire Heuchan, otherwise known as Sister Outrider, a Black feminist blogger and activist and Nadine Jassat, a feminist poet and Sexual Violence Prevention Worker at Edinburgh Rape Crisis. Further information will be available via <https://twitter.com/fvrapecrisis>

Who to contact if you need help, advice or information

To report incidents of domestic abuse call 101 or 999 in an emergency. To speak to someone in the Police Domestic Abuse Unit, call 01324 574905.

Messages can be left on a confidential answerphone and messages are picked up during office hours Monday to Friday and on Sundays. Alternatively you can email: dau@centralscotland.pnn.police.uk

Women's Aid

Clackmannanshire 01259 721407

Stirling 01786 470897

Shakti 0131 475 2399
(support for BME women)

Hemat Gryffe 0141 353 0859
(support for BME women)

Forth Valley Rape Crisis Centre

Telephone: 01786 439244

Open Secret - Working with survivors of all aspects of childhood abuse, working with all ages and all genders.

Telephone: 01324 630100

Victim Support

Free, confidential support & advice.

Telephone:

01786 445782 or 01324 633433

Committed to Ending Abuse (C.E.A)

An inclusive service committed to ending all forms of abuse

Telephone: 01324 635661

Relationships Scotland

Couple Counselling Central Scotland

Appointments across Forth Valley: 01324 670067

Signpost Recovery - support and direction for drug and alcohol misuse

Telephone: 0845 673 1774

You can also speak to professional staff at your local GP practice or hospital

The Scottish Domestic Abuse Helpline number is free, confidential and available 24 hours a day, 7 days a week.
Telephone: 0800 027 1234.

The Men's advice line is a confidential helpline for all men experiencing domestic abuse.

Telephone: 0808 801 0327.

Broken Rainbow is the UK's only national LGBT domestic abuse helpline.
Telephone: 0300 999 5428

The Revenge Porn helpline offers free, confidential advice and support for men and women age 18+. Telephone: 0845 6000 459

The Respect helpline offers information and advice to people who are abusive towards their partners and want help to stop. Telephone: 0845 122 8609.